Pride Program Curriculum

Sophomore: Identity Development/Self/Awareness

#	Quarter 1	Quarter 2
1.	Purpose of Pride Program/UP Core Values/SLP	Naviance-College/Career
2.	Student Code of Conduct	Teen Depression
3.	College Readiness and Success	Self-Efficacy
4.	Naviance-College/Career	Racism
5.	Study Skills	Interactions with Law Enforcement/Authority Figures
6.	Time Management/Organization	Community Violence and Trauma
7.	Goal Setting	Trauma/Grief
8.	Stress Management	Decision Making
9.	Bullying-Cyber-Social Media Usage	Social Conventions

Sophomore: Relationship Skills/Responsible Decision Making/Self-Management

#	Quarter 3	Quarter 4
1.	Goal Setting	Conflict Resolution
2.	Time Management/Organization	Multiculturalism
3.	Teamwork / Cooperation	Safety Concerns /Harm Reductions
4.	Managing Stress	Relationship Dynamics
5.	Controlling Impulses	Networking/Relationship Building
6.	Healthy Habits	College Readiness
7.	Sex Education	Leadership Development
8.	Communicating Effectively	Money Management
9.	Listening Intentionally	Job Preparation

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